



COMPARISON OF EGO STRENGTH BETWEEN ADDICTED AND NORMAL PEOPLE

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ABSTRACT:

The point of this exploration was to analyze the conscience quality of the dependent and ordinary individuals. The example size of 100 individuals incorporates 100 dependent and 100 typical individuals living in Qazvin, Karaj and Tehran urban communities of Islamic Republica of Iran that was chosen through the straightforward arbitrary examining. To gather information, a 48-question psychological wellness (GHQ) poll and SPSS delicate product was utilized to investigation information. To examine the information, midpoints, varieties and the t test were connected. The outcomes showed that the distinctions are important between the addicts and the ordinary individuals.



Key words: Addiction, Ego quality, dependent and ordinary individuals

INTRODUCTION :

Barron's MMPI Ego Strength Scale (Es) has been approved and cross approved for forecast of reaction to psychotherapy (Barron, 1953; Wirt, 1955). Sense of self quality speaks to the demeanor toward issues, the overwhelming response toward dissatisfaction and demonstrates the capacity of adjustment in connection to one's passionate profile [1-6]. The sense of self quality is characterized as disappointment resistance, including ingenuity under pressure, nonappearance of unimportant reactions, and enhanced execution. Ladies will in general score lower than men on Es. This distinction might be a direct result of sex related things. High scores as a rule demonstrate a capacity to manage natural weights. A man with a high score by and large can benefit from psychotherapy.

The high score shows that the individual might have the capacity to work inside the social, social, and individual breaking points of his/her general public. The individual with a medium score

is constantly under, more worry than the individual with a high Es scored. Low scores may happen when the individual is feeling he/she needs assistance in treatment [6-8].

Remarkably low scores normally demonstrate genuine or envisioned poor work records and a powerlessness to adapt to consistently events.

Some identity attributes increment the danger of medication misuse; low confidence, absence of social and versatile abilities and rough strategies to manage the worries of life are the perilous qualities of this sort [9, 10]. The term of self image quality is an extremely expansive idea and incorporates mental prosperity, the feeling of strengthening, amplexness, comprehension of intergenerational solidarity and the capacity to perceive the scholarly and enthusiastic potential in a man, so that the individual can perceive his/her capacities and adapt to the worries of the standard life and be gainful and proficient regarding his/her activity. In this examination the sense of self quality scores of the dependent and typical individuals were thought about. The example size of 100 individuals incorporates 100 dependent and 100 ordinary individuals living in Qazvin, Karaj and Tehran urban communities of Islamic Republic of Iran that was chosen through the straightforward irregular testing.

Result and dialog

The mean and in addition standard deviations in dependent and ordinary people in the factors under investigation, are given in table 1. As you may find in the table 1, the mean for ordinary individuals in the sense of self quality is higher than dependent people (32.41 versus 24.14), so dependent people's scores were lower than typical individuals. To think about these methods and furthermore decide the contrasts between them, free t-test was utilized and similar outcomes among dependent and ordinary individuals have been appeared in figure 1 as dissipate plots. Considering figure 1, dependent individuals have bring down scores than ordinary ones as far as sense of self qualities. In this way, there is a critical distinction between methods for the sense of self quality scores in dependent and typical individuals.

Conclusion

Centering thoughtfulness regarding self image quality in the dependent and typical individuals, a lower sense of self quality scores in dependent individuals is demonstrative of poor consistence, declining of the mental side effects advancement toward to dampening, uneasiness and wretchedness, with subsequent expenses for general wellbeing.

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